

REAL, FAMILIAR FACES

Make Your Own Feeling Cards

These cards hold photos of the children you're with every day.

12 cards, 4 to a page, on the 3 pages behind this one. Page one: happy, sad, mad, scared. Page two: frustrated, excited, tired, calm. Page three: proud, silly, worried, and one blank card to fill in.

Every card has a second line for the feeling word in a child's home language.

Add the photos on your screen

The faces come out already in place. Go to getplanella.com/feeling-cards, tap a frame or drag a photo in, and it crops itself to fit. Then print. No trimming, no glue.

Glue the photos in by hand

Print the card pages blank, trim a photo to fit, glue or tape it down, then laminate. Good if you already have prints.

Your photos never leave your device. Nothing is uploaded, and Planella never sees or stores them. The cards are put together right here in your own browser, on your own phone or computer.

MAKING A SET

- One person makes all 12 faces: a child, you, or a co-teacher.
- Candid beats posed, when you can catch it.
- Leave one page uncut. Laminated whole, it's a wall chart.
- A wall set: Velcro dots at children's eye level.
- Cut, laminate, and round the corners. No laminator? Clear packing tape or a page protector lasts longer than you'd think.
- Punch the **same corner** on every card so a ring set sits flat. A ring set fits in a pocket and comes outside with you.

USING THEM

- **Next to a mirror.** A child looks at the card, then at herself.
- **Make the face and guess.** One child draws a card and shows the feeling with her whole body, the others guess.
- **A set of their own.** 12 cards in a cubby, a basket, or a drawer at home, so a child can go and get theirs.
- **Make up your own.** The blank card is yours to fill in.
- **On either side of a big feeling:** not in the middle of one.
- **The child picks the card,** even when it surprises you.



ADD YOUR PHOTO

Happy



ADD YOUR PHOTO

Sad



ADD YOUR PHOTO

Mad



ADD YOUR PHOTO

Scared



ADD YOUR PHOTO

Frustrated



ADD YOUR PHOTO

Excited



ADD YOUR PHOTO

Tired



ADD YOUR PHOTO

Calm



ADD YOUR PHOTO

Proud



ADD YOUR PHOTO

Silly



ADD YOUR PHOTO

Worried



ADD YOUR PHOTO